

2020 Corporate Games Volleyball-Adult Sand General Guidelines

Remember to:

STAY HOME IF YOU HAVE ANY OF THE [COVID-19 SYMPTOMS](#) SET IN PLACE BY THE CDC AND LINCOLN-LANCASTER CO. HEALTH DEPARTMENT

If you are awaiting test results for COVID-19, DO NOT come to any of the Corporate Games events

Cover mouth when coughing or sneezing

Wash hands or use alcohol-based hand sanitizer

Avoid touching eyes, nose and mouth

Avoid close contact and distance yourself from other people

- **Self-Screen at Home:** We are requesting you to screen at home, this includes taking your own temperature and verifying that it is under 100.4 degrees Fahrenheit
- **Waiver:** All athletes must sign the online waiver which includes Covid-19 language prior to the competition
- **Plan:** NSC Staff will work with all facilities on a restroom/equipment/seating sanitization plan
- **Preparation:** Athletes will be asked to arrive at the location dressed and stretched with a bag for a change of shoes if needed
- **Masks:** We strongly recommend that masks are worn:
 - By spectators at all times with indoor sports
 - By athletes, before and after competition, but not during
- **Clean:** All athletes and spectators will be reminded to wash hands often and use hand sanitizer stations where applicable
 - All high-touch areas will be sanitized with spray or wipes at least every two hours
- **Spectators:** All athletes will be encouraged to only allow immediate family to join them at the competition site.
- **Separation:** Provide spacing (Bleachers & Common Gathering Points)
 - Regular social distancing announcements will be made
 - Volunteers will be enforcing social distancing
 - At high traffic/indoor facilities, X's will mark 6 foot distancing requirements on the ground and bleachers where necessary
 - Where needed floor arrows will mark flow of traffic
- **Capacity:** Onsite staff will monitor maximum capacity guidelines at each sport venue
- **Specifics:** No hand shakes before or after matches.
- **Awards:** If applicable: Awards will not be draped over athlete necks. All Awards Ceremony volunteers will hand individually wrapped medals to athletes wearing gloves and face masks.

- Awards can also be on a table for athletes to pick up for themselves.

Sport Specific Notes:

- The tables are placed 6 feet apart from each other to encourage social distancing
- The athletes will enter through the side gate and will not need to go inside
- The athletes can bring their own volleyballs, balls are available to be checked-out at Spikes and will get disinfected after returned.
 - Disinfectant will be available to wipe them down if needed